H. Kowalchuk, Principal 800 Salter Street, Winnipeg, MB R2V 2E6 M. Bérubé, Vice Principal Phone: 586-0327 Fax: 589-0121

École Seven Oaks is a busy place where everyone is working hard at making it a better place to learn and to live. Students and staff members are engaged in many activities.

Over the last month, students were involved in a great fundraising campaign with Lamontagne Chocolates. Thanks to everyone who supported our school and made this event a great success.

Over the next couple of weeks students will be busy with many activities such as auditioning for our school production, participating in a Freeze Frame workshop with a cartoonist, planning the *Remembrance Day Service*, participating in school teams for volleyball and in intramurals. They are also going to use the Advisory time to prepare for the next Striving for Excellence assembly which will be on the topic of Wisdom. As Sandra Carey said "Never mistake knowledge for wisdom. One helps you make a living; the other helps you make a life".

Finally, we are getting ready to receive all parents and families to celebrate students' progress since the beginning of the year at our Three Way Conferences which will take place on November 23<sup>rd</sup>, 25<sup>th</sup> and 26<sup>th</sup>.

À la prochaine.

# REMEMBRANCE DAY SERVICE

Our School will be holding a Remembrance Day Service on **November 10 at 1:45 p.m.** in our gymnasium. All members of the community are welcome to attend.

# STRIVING FOR EXCELLENCE POUR UNE MEILLEURE COMMUNAUTÉ

Congratulations to our latest Striving for Excellence recipients.

Rm 25 - Sidney, Tony Rm 24 - Kristin, Nina Rm 26-Sara, Brendan Rm 5 Tayler, Sean Rm 8 - Leira, Courtney Rm 31 -Brent, Anna Rm 35 - Kris, Victoria Rm 30 - Angela, Holly RM 17- Dylan, Ashley RM 19- Eric, Emily Rm 11- Amber, Ryan Rm 9- Reethu, Katalina Rm 15- John, Annaka Rm 13 - Faith, Kristen Rm 33 - Destiny, Corey

IMPORTANT PATES									
IMPORTANT DATES									
NOVEMBER  DECEMBER	2 10 11 19 23 24 25 26 7 10 20 22 22	Parent Advisory Council 6:30 pm Remembrance Day Assembly – Period 7 & 8 Remembrance Day – No classes Progress Reports go home Three Way conferences Striving for Excellence – Period 6 Three Way conferences Three Way Conferences – No classes Parent Advisory Council 6:30 pm School PD – No classes Striving for Excellence – Period 6 Winter Break Soc Hop Last Day of classes							
WINTER BREAK		DECEMBER 23RD - JANUARY 5TH							
JANUARY	6	Classes Resume – Day 4							
FEBRUARY  MARCH	11 27 1 10 11 21 22 23 1 7 11 15	Parent Advisory Council 6:30 pm Striving for Excellence – Period 6 Parent Advisory Council 6:30 pm Human Rights Museum Valentine Soc Hop Louis Riel Day – No classes School PD – No Classes Striving for Excellence – Period 6 Parent Advisory Council 6:30 pm Winter Activity Day Progress Reports go home Three Way conferences Three Way conferences							
	18 21 25 25	Three Way Conferences – No classes Striving for Excellence – Period 6 Spring Break Soc Hop Last day of Classes							
SPRING BREAK		MARCH 28 <sup>TH</sup> – APRIL 1 <sup>ST</sup>							
APRIL	4 5 13 18 – 21 22	School Resumes – Day 6 Parent Advisory Council 6:30 pm Open House School Production Good Friday – No classes							
MAY	1 3 5-6 23	Striving for Excellence – Period 6 Parent Advisory Council 6:30 pm School PD – No Classes Victoria Day – No classes							
JUNE	1 – 3 7 28 29 30	Arts in the Park Parent Advisory Council 6:30 pm Grade 8 Farewell Admin Day – No Classes Progress Reports go home Last day of Classes - dismissal 11:15 am							

Our next Striving for Excellence assembly will be November 24<sup>th</sup>, "Wisdom".

#### PARENT ADVISORY COMMITTEE

Do you know what is happening at ESOMS? Do you want to find out? Do you want a say in what's happening? Do you want to meet the new principal? If you answered "yes" to any or all of these questions, then mark Tues., Nov. 2<sup>nd</sup>, 6:30 p.m. on your calendar. That's the date of the next Parent Advisory Council Meeting.

Our meetings are relaxed and informal. Mr. Berube and Mr. Kowalchuk present all the latest ESOMS news and happenings. At the last council meeting, this included discussions on the new green space, Speed Watch, Parent Connect, fundraising and more. We hope to see you there!! The more the merrier!! Kathleen Lukas

# **KYAC @ ESOMS**

# Tuesday & Thursday from 6-9pm Saturday from 12-5pm

Check out our website from the 7 Oaks School Division home page under programs.

We offer activities such as: Basketball, Dodgeball, Arts & Crafts, Floor Hockey and much more!

For more information, contact Christine Rigey, KYAC Program Coordinator, by email at christine.rigey@7oaks.org.

#### E.D.G.E. IS LOOKING FOR INSTRUCTORS

The EDGE program offers after school programs for students in middle year grades 6 - 8. We are looking to hire local instructors within our community who have the time to spend teaching youth in the after-school time period.

Current interests of the students are: to learn to knit, crochet, needlepoint, cross-stitch, beginner guitar, various languages, and fashion design just to name a few. We are interested in providing a wide variety of courses for the students in the areas of art, crafts, homework help, fitness, etc. If you or someone you know would be interested in working with students and can share a talent, please contact Penny Raymond (Office: 885-4333 / Cell:227-7136) for more information regarding class times, locations and program options.

#### IN THE GYM....

#### PHYSICAL EDUCATION CLASSES

Throughout the month of October students completed a volleyball unit and a football unit. Please help remind your child to bring a change of clothes to gym class. There will be scheduled gym classes outside, so it is really important they are dressed for the cold weather.

# **AT LUNCH**

Throughout the month of October, the game Big Ball Volleyball had a lot of new participants from the last intramural. It is a nice change from the traditional game of volleyball.

# **EXTRACURRICULAR**

The X-Country program came to end on October 15<sup>th</sup>. Great effort to all participants. A huge thanks to the coaches: Mr. Hall and Mr. Page. See you in the spring for Marathon Club.

Volleyball season is about half way complete. The number of participants is outstanding!

#### **BASKETBALL**

A new basketball season starts in late November. Gr. 7/8 clinics the week of the  $22^{nd}$  and the gr 6's the following week. Also, look for "BBall in the AM" (a basketball drop in for all ages) to start Friday morning Nov  $12^{th}$  @ 7:15am.

# **SPECIAL OLYMPICS**

Bowling is currently underway. The kids are having a lot of fun! There will be bowling games scheduled sometime in November.

#### **LEADERSHIP**

The Leadership program is taking on a new direction. After a lot of discussion, it was decided that we will offer 2 programs within the main Leadership program. Also, that the grade 7s will be added to this program.

- 1. Unite to Change: These are students who brainstorm ideas for our school. For example, the United Way fundraising week. These students helped decide the fundraising events throughout the week and what programs would receive the money. There are many other ideas that are currently being worked on.
- 2. Special Events Coordinators: These students help decorate the gym for the school dances, they will help during Spirit Week, etc.

#### **RESOURCE**

# CHILD DEVELOPMENT INSTITUTE - KEEPING PARENTS INFORMED

Providing the latest information on child development, psychology, health issues, parenting and family life http://childdevelopmentinfo.com/index.shtml. Kids love video games, but most such games have little or no educational value and many even glorify violence. So it's no surprise that parents often put severe limits on the types of games their kids can play and how often and long they can play them.

That's not to say that all video games are bad. Many educational toy makers and children's book publishers have used the popularity of video games to their advantage and created educational computer games. Kids find these fun and entertaining and adults like them because they teach kids new things and reinforce what they are learning in school.

# **Computer Games for Grade Schoolers**

Once your child starts school, computer games can help her grasp concepts that she is having trouble with in school in a fun and pressure-free way. Finding educational games that feature her favorite cartoon characters will keep her interested, and she may not even realize just how much she is learning. If you find a game that allows two players to compete, you or a brother or sister could play along with her to provide some lighthearted competition.

Those who are having trouble with reading or math, often finds computer games particularly useful. Games that introduce phonics, addition and subtraction are plentiful. The key is to find a game that will keep your child's attention while focusing on the specific things she is having trouble with.

#### **How Much Is Too Much?**

Although educational computer games are good for children they should still be used in moderation. Sitting in front of a computer playing the same game for hours on end will not benefit your child. She needs to participate in physical activity and non-electronic educational activities as well.

Opinions vary, but a half hour to an hour a day is a good rule of thumb for video game limits. There's no point in pushing your child to play every day, either. If she doesn't want to play, then requiring her to do so may cause her to dislike the game and defeat the purpose of it.

Computer games are a fun way to help your child learn new things and do better in school. When used in moderation, they can supplement other teaching methods nicely. Providing appropriate games and letting your child decide when to play while setting time limits will maximize the benefits of these great educational resources.

# PLEASE CONSIDER THE FOLLOWING RESOURCES FOR MATH

Online flashcard games for your students. As well you can make and print flashcards or worksheets. A+Math http://www.aplusmath.com/

MathCats A FANTASTIC site for students with a number of on-line games and activities that students will enjoy using. http://www.mathcats.com/index.html#contents

Coolmath.com What a fun site for students, teachers and parents. From games to coloring pages, puzzles to calculators, this site has it all. It is bright, colorful and fun, and sure to make math exciting for kids http://www.coolmath.com/

King's List of On-Line Math Activities A wonderful list of sites for on-line activities students can do at school or at home. The sites are broken down into different categories such as beginning math activities, basic facts, measurement and more. Many of the games do require shockwave which is free to download. http://www.k111.k12.il.us/king/math.htm

Math Playground This site is excellent! The site has word problems for various strands from K to grade 7+. Teachers can click on the pages and print out word problems to construct their own worksheets or students can work on the problems on-line! http://www.mathplayground.com/Solvelt\_main.html

Math Arcade A fun game for students from grades 1 to 8. Students register (no names) and play games. As they progress they get a simple password so that they can continue from where they left off the last time. http://www.funbrain.com/brain/MathBrain/MathBrain.html

**Kaboose** A number of fun games for students to play. Patterns, fractions and percentages are just some of the concepts that are covered. http://resources.kaboose.com/games/math2.html

# **Book Fair News**

Our school will be holding a Scholastic Book Fair from Tuesday, November 23<sup>th</sup> to Thursday, November 25<sup>th</sup>. A wide variety of young adult novels, reference books and novelty items will be on sale. Your support of this event is appreciated since at least fifty percent of every dollar spent at the Fair goes back into the library in the form of free books.

Book Fair hours are as follows:

Tuesday, November 23<sup>th</sup>: **1:00 pm – 3:30 pm (School hours)** 

3:30 pm - 7:00 pm (Evening hours)

Wednesday, November 24<sup>th</sup>: 8:30 am – 3:30 pm (School hours)

Thursday, November 25<sup>th</sup>: **8:30 am – 3:30 pm (School hours)** 

3:30 pm - 7:00 pm (Evening hours)

# **Music Matters**

It's hard to believe that it's the end of October. The year seems to be flying past. Both Mr. Racciatti and I are constantly amazed with the talent of the kids that are in this school.

So what's been happening?

# **CHOIR**

Grade 6, 7, and 8 choirs have been meeting at lunch. The Grade 7 and 8 Choirs will be performing at the Remembrance Day service. Grade 6 choir will be singing at the Grade 6 Winter Concert on Dec. 8. It's still not too late to come and sing with us, so encourage your kids to join.

Both Vocal Jazz groups have been sounding awesome. "The Olders" (still haven't found a name) sang at our last Striving for Excellence and were fabulous. Both groups will be singing at the Remembrance Day Service.

# **FIDDLING**

Fiddling has been fun! This month we had Kyle Borley, a world class Tin Whistle, Irish flute and Bowran player come and present a workshop to the members of Incredibows. A number of students played these instruments for the first time and a few of them wish to continue. Incredibows will be playing Vivaldi's "Winter" at the Remembrance Day ceremony.

Bright Futures is looking for creative, talented volunteers to develop and share their passions with high-school aged students The sky's the limit to developing ideas that will enrich and inspire students success in high school. For more information www.brightfuturesmanitoba.com or 631-5849 ext. 3278

The fiddles have arrived for those students who purchased one to play at home. We may make another purchase order later in the spring so let me know if you still want to order one. Also continue to check the Fiddling web site for dates and announcements.

#### MRS. McDONALD: ROOM 33

This month we've done a lot of things. We started to do more mental math, like turning fractions into percents. We started an assignment for French class which includes making up our own animal and labeling different parts of its body in French. We cut different things out of magazines to make the whole body. We used a lot of craft supplies to make them, but they turned out great! In computer class we've done a math assignment which we had to pick 6 different tessellations from a website. A *tessellation* is a mosaic pattern of small shapes. We learned that any type of triangle can be tessellated. We also made 2 or more tessellations of our own! They look awesome.

We borrowed the school's set of microscopes and looked at all the organisms in some pond water from Kildonan Park. It was really cool. Especially when one of the organisms was still moving on the slide!

In L.A. we've made a 'life graph' to emphasis the good and bad times of all our lives. Starting Monday, November 1<sup>st</sup>, we will be doing presentations about our graphs. For Social Studies we went to go volunteer at Winnipeg Harvest. We sorted potatoes and put the good ones in a box for families in need. We didn't waste at all, because all of the bad potatoes went to go to be used for compost to grow more vegetables. We've accomplished a lot in this month; we hope your class has too!

Payton & Kaitlyn

# MR HALL - SALLE 13

Ce mois dans la salle 13 on a fait plusieurs choses et projets. En Maths on a étudié l'addition, la soustraction, la multiplication et la division des entiers. En sciences de la nature, on a étudié les cellules des animaux et des plantes. En sciences humaines on a regardé un film sur les humains préhistoriques et on a aussi construit les outils comme ils ont fait. En anglais on continue à lire le roman *Word Nerd* et on étudie comment écrire de bonnes introductions. Finalement, en français on a écrit des histoires pour les enfants avec les photos prises de l'imagier *Fancy Nancy*.

Par : Kacey Atwood-Maluzynsky

# MR. NAULT – ROOM 15

Over the last month in room 15 we have been learning about prime numbers, prime factorization and square roots in math. We have learned about finding perfect squares, as well, as estimating square roots. In social studies we have been learning about the way that people may have different perspectives when looking at the world we live in. The students even held a debate on topics and needed to take a position on the needs and wants of people. Some of the topics debated were education and shelter. We used what we learned about perspectives to begin learning about cultural beliefs of people's origins on earth and about the earth. We are discussing the creation stories of the Iroquois, Chinese and the ancient society of the Mayan. We have been learning about water system and ecosystems in science. So far we are having a good year.

# MISS WASKUL - ROOM 35

The school year has been great so far. My class has already done some really neat things!! A few days ago we had the pleasure of volunteering at Winnipeg Harvest. Our class weight was 1467 lbs. and our goal was to sort through and box potatoes so that the total weight was over our class weight. At the very end the amount of potatoes we sorted through and boxed was a grand total of 4000 lbs.! That means that will feed over 400 families! Wow!

In Social Studies, we have been watching "The Amazing Race" every week. At the end of each episode, we get a set of questions to answer about the last episode. It goes toward our Social Studies marks.

Math has been great. Ms. Chrunyk taught our class a super fun math activity we do very often. Our names are on the wall in non-specific order. The goal is to be in the top 5 spaces. In order to try to get to those spaces, you challenge people ahead of you. The games are math related card-games of the teacher's choice.

Science is absolutely great. One of our main projects was an animal adaptation project. We each had to pick a unique animal and research it. It was really fun. We learned a lot about each other's animals.

I have a feeling this is going to be such a great school year!!!

#### MISS KOSHELANYK – ROOM 30

October has been a busy month for our classroom. We are still learning about ecosystems in science and we had an exciting field trip to Fort Whyte where we played Predator and Prey. We also just finished presenting our animal projects. In math we are finishing exponents and we are having some fun with tessellations. In ELA, we are working on a really fun theme project. Some themes that were picked are the colour pink, basketball, and music. We are also finishing up our novel study of Banner in the Sky. In social studies we just went to Sweden and Norway while watching the Amazing Race. We are also finishing latitude and longitude and we are starting a study of South America. In French class we learned Halloween vocabulary and soon we will start families. Can't wait for November!

# **MME PANCOTTO - SALLE 17**

Nous espérons que tout le monde a passé un très bon mois. En mathématiques nous étudions les nombres entiers et en anglais nous écrivons nos histoires de mystère. Pour le Français nous avons fini nos rapports de livre et nous commencerons la grammaire. En Sciences Humaines, nous étudions le climat et la végétation et en Sciences Naturelles, nous avons commencé l'unité a propos des interactions entre les organismes. En Novembre nous irons à Fort Whyte pour jouer prédateur et proie. C'est un jeu très amusant! Comme vous pouvez remarquer, nous travaillons très fort et nous nous amusons aussi!

# MRS. CHRUNYK - ROOM 31

Room 31 has been very busy. We are finishing up our theme projects and will be presenting them to the class. The students have been working very hard. We have just completed the first unit in Science and will be having our first big test. Good luck! In Math we are working on rounding off and in Geography we have completed the overview of the continents. The students are looking forward to their first dance of the year and are extremely excited for Halloween. We have been collecting pennies for the United Way and hope to win a pizza party. That's all from Room 31.

# MR. DEWIT - ROOM 24

October was a great month. We learned a lot and did many different activities.

**Math:** We had a project called \$1,000,000 project. We had to search for a house, a car and 3 things of our choice. We had to try to spend all of the money without going over a \$1 000 000. It was a lot of fun!

**Science:** In science we've been working on posters for classifying living things. We researched as many animals as we could, then decided how we would classify them. We organized all of our research and then glued it onto a poster board to present to the class.

**L.A:** We did a project called All About Me. We followed a guide that showed us how to organize our ideas and how to write our ideas down in full sentences. I learned a lot about myself!

**Social Studies:** We have been learning about how Canada first became a country. Now we are doing a research project on a famous Canadian of our choice.

**French:** We have been studying Les Animaux. We completed a booklet about different types of animals in French. Now we are making cue cards to help us remember how to say a lot of different kinds of animals in French. We have had a busy and fun month at school!

# MR. SERZU - ROOM 26

October was a good month in room 26. In exploratory we finished making our own board games. Every part of every game was made with our own ideas. In math we did a project where we had to spend \$1,000, 000. This was a place value project. It also taught us about budgeting. Science has been very interesting. We have been doing lots of fun activities learning about the animal kingdoms. In Language Arts we have been writing some fun stories and began spelling units.

\*\*Amandeep Kaur\*\*

#### MR. HALL – SALLE 5 & MR. PAGE – SALLE 8

**Français**: En français, on lire un livre! Le nom de le vivre est "Les Yeux de Pénélope". On lire deux chapitres chaque temps qu'on lire. Après ça, on écrits un court résumé sur les chapitres dans nos cahiers de français. On aime cette livre beaucoup, c'est très bon!

Science de la Nature: En science de la nature, on fait les projets. On travail dans les groupes de deux et on a chosiez un animal qui vivre au zoo de Winnipeg. On recherche l'information de l'animal et M. Page nous donne une pancarte et on va mettre les photos et l'information dessous. Donc après ça, on va présenter nos projets en face la classe. On va aussi aller au zoo.

**Mathé**: En Mathé, on étudier La Valeur de Position de les Nombres. La première leçon pour ce sujet est la valeur de position des grands nombres. Le deuxième est la position des petits nombres. On étudier les noms de les positions. **Éducation Physiques**: En éducation physiques, M. Page et M. Dewitt enseigne comment tu joue le Volleyball. Ils ont explique les règles, les techniques et les positions du jeu. Après, on pratique avec un partenaire.

Science Humaines: En science humaines, on étudier l'histoire du Canada. La classe parle de comment on vote pour les siège (comme la gouverneur général, la démocratie, etc.). On aussi parle des personnages qui sont très important pour le Canada. On fait deux cartes de Canada. Un carte moderne, et un en 1868.

**English Language Arts**: En English Language Arts (ELA), on fait un petit projet. Le projet est de créer un groupe de musique avec un unique nom. On fait les petites taches pour finir le projet comme crée 4 membres pour le groupe musical. Aussi on composer un poème sur nous-mêmes. M. Hall imprime les étapes (ex. révisé, modifié) sur un papier.

# **Going Green**

In support of the environment, if you plan to access the newsletter digitally on our website, please return the attached slip to your child's teacher so that a paper copy is not sent home. The newsletter comes out on the first of the month, so be sure to watch for it or log onto our website.

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# November 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Day 3 <b>1</b>	Parent Council Meeting 6:30 pm	Day 5 3	Day 6 <b>4</b>	Day 1 5	6
7	Day 2 8	Day 3 9	Day 4 10  Remembrance Day Service 1:45 pm	Remembrance Day No Classes	Day 5 12	13
14	Day 6 <b>15</b>	Day 1 16	Day 2 17	Day 3 18	Student Summaries go home	20
21	Day 5 22	3-Way Conferences Common Night	Day 1 24  Olastic Book	3-Way Conferences Common Night	Day 3 26 3-Way Conferences No Classes	27
28	Day 4 29	Day 5 <b>30</b>	7 <sup>th</sup> P.A.C. 6:3	) – No school L2:45	JANUARY 6, 2011 Classes Resume Day 4	